

# OTTER TRAIL GUIDE

## TIDES OCT 2026

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0605	1830	0627	1849	0013	1214
2	0604	1831	0709	1938	0054	1259
3	0603	1832	0806	2053	0145	1408
4	0602	1833	1027	2332	0305	1741
5	0601	1833	1234	----	0607	1858
6	0600	1834	0054	1327	0711	1945
7	0558	1835	0146	1408	0752	2023
8	0557	1835	0227	1445	0827	2056
9	0556	1836	0304	1519	0858	2127
10	0554	1837	0338	1551	0927	2156
11	0553	1838	0411	1620	0955	2223
12	0552	1839	0441	1648	1022	2250
13	0550	1839	0509	1715	1050	2316
14	0549	1840	0536	1740	1117	2343
15	0548	1841	0603	1806	1146	----
16	0546	1842	0631	1835	0011	1217
17	0545	1843	0705	1913	0043	1258
18	0544	1844	0757	2016	0125	1407
19	0542	1844	1114	2314	0240	1731
20	0541	1845	1232	----	0604	1839
21	0540	1846	0038	1311	0656	1918
22	0538	1847	0122	1345	0730	1952
23	0537	1848	0159	1417	0801	2024
24	0536	1849	0234	1450	0831	2057
25	0535	1850	0309	1524	0902	2131
26	0534	1851	0345	1600	0935	2206
27	0532	1851	0422	1637	1009	2242
28	0531	1852	0459	1716	1046	2320
29	0530	1853	0538	1757	1127	----
30	0529	1854	0620	1843	0001	1212
31	0529	1855	0709	1938	0046	1309

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

